



January, 2012

## Michael Lynn Shatto Memorial Foundation, Inc.

Dear Golfer:

### **ARE YOU READY FOR SOME GOLF?**

Though it may be too early to play golf, it's not too early to think about the Michael Lynn Shatto Memorial Foundation, Inc., 12<sup>th</sup> Annual golf Tournament, which will be held September 15, 2012, at the Carlisle Barracks Golf Course.

November 2011, you were sent a postcard with information on the tournament. We hope you have saved this date and will be joining us, as proceeds will benefit Mental Health.

Our goal is to raise funds for mental disabilities, to research, cultivate and build programs that assist and educate those who are burdened by chemical dependency, mental health issues or domestic violence-both physical and psychological. The institution supports individuals and organizations that embrace the foundation's ideals and principles. We want to encourage those suffering from mental illness to seek treatment and to show support for families and friends who die from suicide and suffer from depression each year.

Washington has cut \$1.7 billion in mental health funding since 2009. Since state and federal funding has been slashed we need more than ever fundraisers to help agencies that deal with mental health issues.

***Have you been aware of the number of articles appearing in our local newspapers lately concerning mental illness?***

A commentary recently by Nancy Eshelman describes how a young man became addicted to heroin. Dr. Chad Jumper's article, "More adolescents taking drugs for depression."

***Did you ever realize that a shy teenager may actually be suffering from an anxiety disorder?***

The world news reported on the rise of mental illness' in both adults and children. Mental issues encompasses a myriad of different psychological problems.

On the other side, recent articles pointed out the cuts in mental health funding, such as , "DC cut \$1.7 B in mental health funding." "Mental Illness costs Okla., billions of dollars in taxes." A school counselor who is passionate about her job helping students and their families navigate through drug and alcohol abuse, peer pressure, and other social pressures; in an attempt for schools to save money they are eliminating counselors, thus eliminating the emotional support and

healthy development of students.

This is a sad situation in a country such as our great nation. ***This is why I say, more than ever we need your support!*** Through your generosity we are helping provide these services.

After enduring a cold winter, we will be looking forward to the fresh blooms of spring and the warm summer months. From now through the summer months, you may want to have a fundraiser for the Michael Lynn Shatto Memorial Foundation, Inc. Therefore, we have put forth a challenge to you and your fellow golfers. ***Any foursome that donates \$650.00 or more, in fundraising efforts by August 17, 2012, can participate, at no cost, in the tournament.***

Some Suggestions for Fundraisers are as follows:

Bike for Mike & Mental Health

Car Wash for Mike & Mental Health

Walk/Run for Mike & Mental Health

Yard Sale from your spring cleaning

Pancake Breakfast for Mike & Mental Health

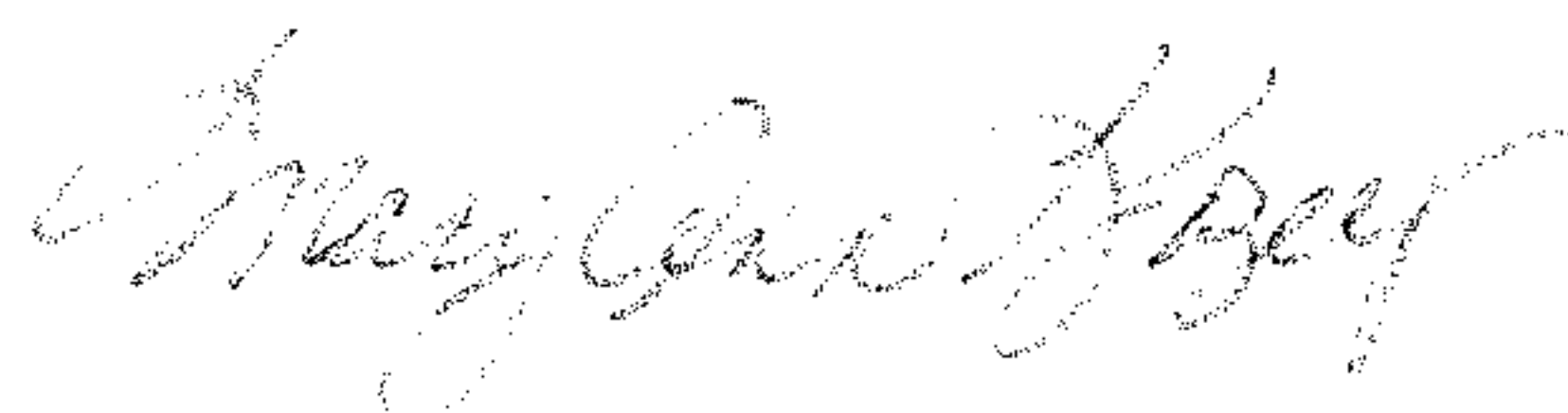
Or you may come up with some great ideas of your own.

We hope you will take full advantage of this excellent opportunity.

Thank you for being such an important influence on our program in the past, and thank you for helping to honor Michael's memory, and the work of the Michael Lynn Shatto Memorial Foundation, Inc.

For more information on your own fundraiser for the foundation, contact Donna Shatto.

Sincerely,



Mary Ann Kozey

Corresponding Secretary

Michael Lynn Shatto Memorial Foundation, Inc.